

Senior Center Gazette

December

2002

Special Holiday Activities in December



Monday, Dec 2, 10 am - Tree Trimming & Singing
Tuesday, Dec 3, Noon - Holiday Paella Lunch
Thursday, Dec 12, 5:30 pm - Cub Scout Pack 114 Caroling

Friday, Dec 13, 1:30 - Birthday Party, Senior Center Singers

Friday, Dec 13, All day trip - Christmas at Dunsmuir

Monday, Dec 16, 11:30 am - Tiny Tots Holiday Concert

Thursday, Dec 19, 5 pm - Holiday Dinner & Music by Steve Olla

Friday, Dec 20, 1 pm - Sing Along to "White Christmas"

Monday, Dec 23, 9 am - Grandparents & Grandchildren's Breakfast, Entertainment by the Prince of Peace Bell Choir

Other activities will be posted on the bulletin board in the Senior Center lounge as they get scheduled.

The Senior Center will be closed for the Holidays on the following days:
Tuesday, December 24, 2002
through
Wednesday, January 1, 2003

Gardening Club Meeting - December 6, 2:00 pm

The new Gardening Club will meet on the first Friday of each month at 2:00 pm. December's topic will be roses and how to care for them. Judy Carlson will show a video and offer pruning and care tips. Join in the meeting and help plan field trips and future meeting discussions.



Birthday Party!

Friday, December 13 - 1:30 pm



Join in the festivities of our December Birthday Party. The Senior Center Singers will be providing the entertainment. Even if December is not your birthday month, come to enjoy the music and fun. Birthday cake, ice cream, and coffee will be served in the dining room. Prizes will be awarded in a drawing of the names of seniors present who have birthdays in December. Prizes have been donated by Kathy's Floral Design in the Walnut Plaza, Retirement Inn, Rose's Mortuary, and the Builder's Fund, which also provides the entertainment.

Christmas Lunch and Dinner Celebration

Thursday, December 19 - \$5.00

Come at lunch or dinner for a wonderful holiday meal with all of the delicious trimmings.

Entertainment will be provided by Steve Olla and a guest singer. Celebrate the holidays with your friends at the Senior Center.



COMMUNITY SERVICES

SENIOR SERVICES	574-2050
Coordination of services for homebound seniors	
Companions for Life (Medical Alert Program)	
Local van group trips for shut-ins	574-2082
Tri-City Elder Coalition	574-2064
LIFE ELDERCARE	574-2090
Caregivers Support	574-2035
Home Services Registry	574-2095
Meals on Wheels	574-2092
Friendly Visitor Program	574-2097
TRANSPORTATION ASSISTANCE	
City of Fremont Paratransit Program	574-2053
East Bay Paratransit Program	1-800-555-8085
HOUSING ASSISTANCE (OFFICE OF NEIGHBORHOODS)	494-4500
LEGAL ASSISTANCE FOR SENIORS	1-800-393-0363
SOCIAL SECURITY	1-800-SSA-1213
MEDICARE	1-800-952-8627
MEDICARE & INSURANCE COUNSELING (HICAP)	839-0393
TRI-CITY HEALTH CLINIC	713-6685
SENIOR LIBRARY SERVICES	745-1499 or 745-1491
SENIOR PEER COUNSELING	574-2063
ALZHEIMER ASSOCIATION HOT LINE	1-800-660-1993

December Speaker Tuesday, December 10, 1:00 pm

Fremont's Aging and Family Services very own **Dr. Ray Grimm** will be speaking about Holiday Depression and how to enjoy your holiday experience.

52 Fabulous Fremont Fridays in December and January

Friday, December 6 - 1:00 pm - Humphrey Bogart & Ingrid Bergman in "Casablanca"

Friday, December 13, 1:30 pm - December Birthday Party with Senior Center Singers

Friday, December 20, 1:00 pm - Sing Along to "White Christmas"

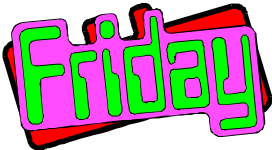
Friday, January 3, 1:00 pm - Humphrey Bogart & Katharine Hepburn, "The African Queen"

In our effort to ignore winter, we are having beach parties on Fabulous Fridays!

Friday, January, 10, 1:30 pm - January Birthday Party goes to Hawaii with Marilyn Chong and the Islanders, Hawaiian attire is encouraged.

Friday, January 17, 1:00 pm - Sing Along to "South Pacific"

Friday, January 24, 1:00 pm - Beach Party with Tom Patrick Singing Jimmy Buffet and other beach music, non-alcoholic margaritas and snacks, beach clothing is welcome.



Grandparents & Grandchildrens Breakfast

Monday, Dec 23 - 9 am

Grandparents and Grandchildren gather together for a great breakfast, entertainment by the Prince of Peace Bell Choir, and a visit from Santa Claus. Tickets are **\$5 for Seniors** and **\$3 for grandchildren 12 years and under.**



Builder's Fund Contribution Mailing

The Fremont Senior Center Builders Fund is a nonprofit organization founded in 1985 to raise funds to be used for equipment, programs, and services of the Senior Center. Over the years, they have provided entertainment and two \$10.00 cash prizes for the monthly Birthday Parties, Chess and Mah Jongg sets, kitchen equipment (including Riley's barbecue), and supplies and equipment. The Builders Fund has purchased card tables for the game room and pool tables. They have paid teacher's salaries when class fees do not completely cover the cost or when a teacher holds a class when the Fremont Adult School is on vacation. The Builders Fund support has provided many of the amenities that make our Senior Center the thriving and bustling place it is.

The Builders Fund invites everyone to contribute and participate in its work. Contributions of \$5.00 a year or \$50.00 for a lifetime are encouraged in this month's annual mailing. All seniors are also encouraged to attend the monthly meeting, which is held in the Senior Center on the 4th Monday of the month at 9:30 AM.

**HAPPY
HOLIDAYS**



The City of Fremont does not discriminate on the basis of disability. Reasonable auxiliary aids are provided upon request to persons with disabilities to afford equal opportunity to services, programs, and activities. Inquiries may be forwarded to the Director of the Human Services Department, P.O. Box 5006, Fremont, CA 94537, (510) 574-2051 or (510) 574-2040.